

Cosmetics for him and her

Facials (with the product line of Matis)

„Matis Jeunesse“

complete Anti-Age treatment

Your skin will look young and fresh with the help of collagen and elastin as well as a firming facial massage.

90 min. € 84,-

„Matis Homme“

facial treatment for men

Soothing, cosmetic facial care for the modern man.

90 min. € 75,-

„Matis Hydra Expert“

moisturizing facial treatment

Thanks to the hyaluronic acid we will allow your skin to regenerate and you will get a younger and brighter facial expression.

90 min. € 75,-

Nourishing facial cleansing for him and her

Relaxing, deeply cleansing and nourishing cosmetic treatment. For a refreshed and renewed facial skin.

90 min. € 75,-

„Matis Délicate“

Soothing and relaxing facial treatment

Especially for sensitive and by external influences such as sun, salt or wind irritated skin.

60 min. € 54,-

Cosmetics Plus

Manicure incl. varnish

60 min. € 39,-

French Manicure

60 min. € 41,-

Manicure for men

30 min. € 29,-

Pedicure incl. varnish

60 min. € 39,-

French Pedicure

60 min. € 41,-

Pedicure for men

30 min. € 39,-

Eyelashes and eyebrows

Dyeing and shaping

30 min. € 23,-

Waxing

30 min. € 29,-

Waxing

60 min. € 58,-

Cosmetic back cleanse

60 min. € 58,-

*„Do your Body good,
so that your soul feels
like living in it.“*

– Seneca, roman philosopher –

Reservations on site

Please contact our SPA reception.

Cancellation of reservations

We will have to charge you for appointments that haven't been cancelled at least 24 h in advance. Thank you for your understanding!

Reservations from home

We offer a 5 % discount on advanced reservations (minimum 2 weeks) made from your home.

The treatments can not be cashed up at the hotel reception.

RIU PARAISO LANZAROTE RESORT

Telephone: 0034 928 51 61 12

Intern: 80 47

lanzarote@wellness-therapie.es

www.wellness-therapie.es

We are looking forward to your visit and wish you relaxing holidays on our beautiful island Lanzarote.

Sensimar Calypso Resort

Fuerteventura

Tel.: 0034 928 54 51 31

Riu Palace Jandía

Fuerteventura

Tel.: 0034 928 54 51 17

Riu Palace Meloneras

Riu Palace Oasis

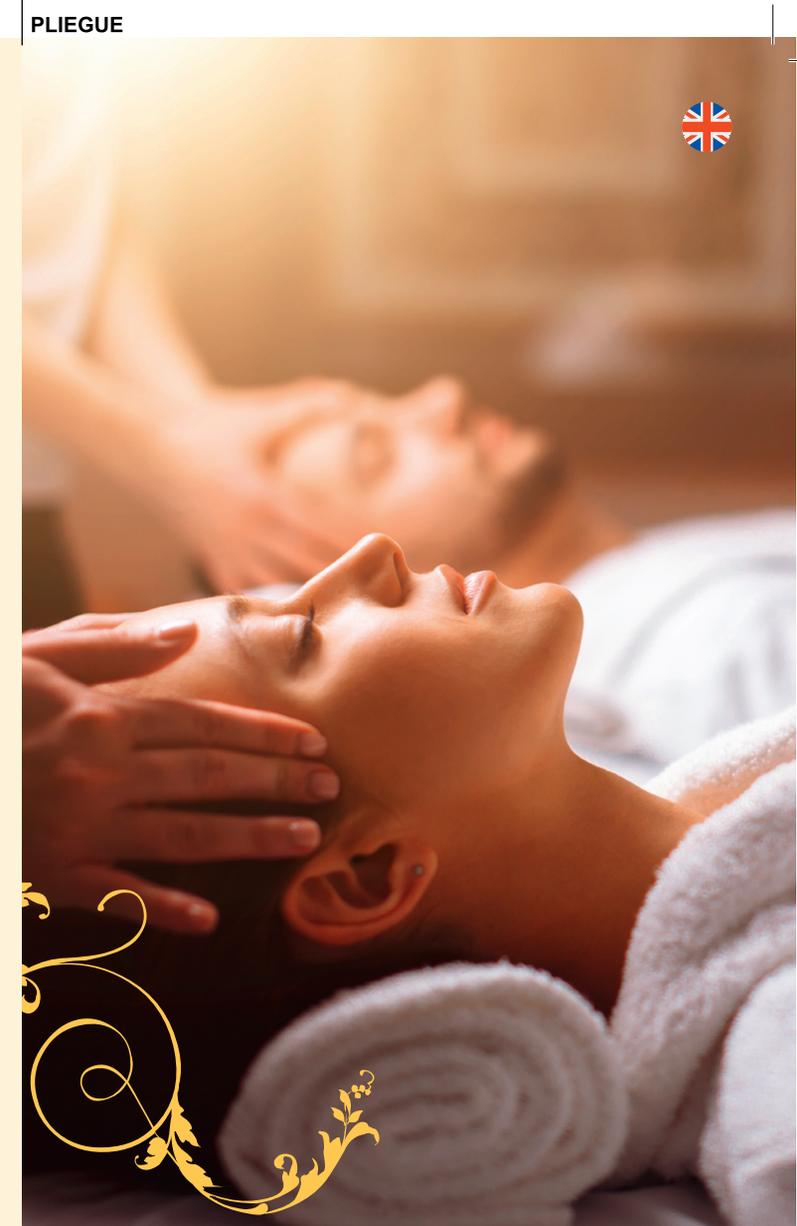
Riu Gran Canaria

Tel.: 0034 928 72 10 03

Riu Palace Tenerife/

Riu Arecas

Tel.: 0034 922 71 80 32



WELLNESS • THERAPY

Body Love

Massages & therapy

„Back Combi Relax“ massage

Extended back massage with functional massage in the lumbar and hip area, as well as the shoulder, head and neck muscles. Our therapists' speciality!

60 min. € 56,-

„Kombi Individuell Med“ massage

Tailored to your specific needs. Treatment possible with cronic or acute symptoms.

60 min. € 58,-

„Sport Classic“ full body massage

Relaxation and vitalization of the arm, leg and back muscles.

60 min. € 56,-

Manual Lymphdrenage

Medical treatment for water retention. Damming and purifying.

30 min. € 29,-

60 min. € 58,-

“Leg Vital“ massage

Tired legs become light and relaxed. Blood circulation and relaxation of the leg and lumbar muscles. Activation of the reflex zones of the foot.

60 min. € 56,-

Foot Reflexology

The entire organism is reflected in the feet and is harmonized and regenerated.

30 min. € 29,-

„Back Classical“ partial body massage

Relaxation of the back, hip, shoulder and neck muscles.

30 min. € 29,-

Wellness massages

“Riu Paraiso” full body massage

Well-being and relaxation for the whole body. The back, the shoulders, the neck, the head and your arms and legs are loosened and spoiled. The treatment is completed with a foot reflexology massage.

90 min. € 79,-

„Riu Aroma“ full massage

Harmonizing and relaxing full body massage with high quality NirvanaSpa aromatic oils.

60 min. € 56,-

„Timanfaya“ Hot Stone

Massage with hot volcanic stones. Back, shoulders and neck (60 min.) or the entire body (90 min.) will be pleasantly warmed and massively relaxed with lava stones from this island.

60 min. € 56,-

90 min. € 79,-

Massages for couples

“Riu Paraiso“, „Riu Aroma“ and „Timanfaya“ Hot Stone are also available for couples. In different rooms at the same time or one after the other.

2 x 60 min. € 99,-

2 x 90 min. € 149,-

Pressure point treatments

Along the meridian paths from head to toe to restore the flow of energy and stimulation of the body's self-healing powers including acupressure of the feet. „Chino“ or including Hopi ear candles „Energie-Antistress“.

90 min. € 79,-

Gentle facial massage

With high-quality aloe vera products, moisturizing and relaxing. 30 min. € 29,-

Hopi ear candles

Cleansing & relaxing ritual of the Hopi Indians in the case of complaints of the ear canals and / or sensorial overload.

30 min. € 29,-

Body care rituals

„Beauty Riu Paraiso“ massage ritual

Relaxing, gentle full body massage with care products for face and body. 90 min. € 84,-

„Aloe Lanzarote“ pampering ritual

In addition to your full sea salt massage, pamper yourself with a detoxifying and regenerating body treatment with Aloe Vera volcanic healing clay. 90 min. € 84,-

„Sal Marina“ full sea salt massage

Sea salt body scrub followed by an Aloe Vera full body oil massage. 60 min. € 58,-

„Aftersun“ full body massage with aloe vera

Massage and care with aloe vera oils and Aloe vera gel, a treatment for the through intense sunlight irritated skin. 60 min. € 58,-

Getting dressed, undressed and time to rest is included in all time specifications!