

Cosmetics for her and him

Facial treatments

“MATIS” deluxe treatment

Replenishing, rebuilding and firming. 90 min. € 96,-

Collagen treatment

Comprehensive care with valuable protein and sea-collagen. 90 min. € 96,-

Cosmetics for men

Soothing, refreshing facial for modern men. 90 min. € 89,-

Aloe Vera “Regeneration“

90 min. € 89,-

“MATIS” sensitive treatment

For sensitive, squeamish skin. 90 min. € 89,-

“Basic“ cleansing, without massage

60 min. € 71,-

Cosmetics plus

Eyelashes & brows

dyeing and correction € 34,-

Depilation

on demand

SPA manicure – nourished hands

incl. polish, massage & mask 60 min. € 42,-

EXPRESS manicure, without polish

with massage 30 min. € 29,-
45 min. € 39,-

SPA pedicure – nourished feet

incl. polish, massage & mask 60 min. € 47,-

EXPRESS pedicure, without polish

with massage 30 min. € 31,-
45 min. € 41,-

Your Therapy & Wellness-Team

With us you will be treated exclusively by qualified specialists and you will be able to find yourself in absolute professionally trained hands. For individual questions we are always here for you.

Doctor and perscriptions

Applications like medical massages, physiotherapy or lymphatic drainages will be partially or completely refunded by your health insurance with a doctors prescription.

Treatment time

All time specifications include getting dressed, undressed and possible resting time afterwards (about 5 min.).

Cancellation of reservations

We will have to charge you for all reservations which are not cancelled 24 hours or less in advance. Thank you for your understanding.

Reservations made from your home

Bookings in advance (min. two weeks) will receive a 5% discount.

RIU PALACE TENERIFFA

Phone: 0034 922 71 80 32, in-house: 8625

RIU ARECAS

Phone: 0034 922 71 80 32, in-house: 8017

Teneriffa@wellness-therapie.es

www.wellness-therapie.es

Sensimar Calypso Resort

Fuerteventura

Phone: 0034 928 54 51 31

Riu Palace Meloneras

Riu Palace Oasis

Riu Gran Canaria

Phone: 0034 928 72 10 03

Riu Palace Jandia

Fuerteventura

Phone: 0034 928 54 51 17

Riu Paraiso Lanzarote Resort

Phone: 0034 928 51 61 12



WELLNESS • THERAPY

Body Love

Therapeutic treatments

Combination massage "Antistress"

A foot reflexology massage combined with a classic back massage.

60 min. € 65,-

Foot reflexology massage

60 min. € 65,-

Combination massage "Med" Physiotherapy

Individual, problem-related treatment (even with acute pain symptoms).

90 min. € 97,-

60 min. € 69,-

30 min. € 41,-

Manual lymphatic drainage

Damming and purifying.

a. Full body and face

90 min. € 95,-

b. Body with arms or legs

60 min. € 67,-

c. Face

30 min. € 39,-

Nourishing body treatments

MATIS Bodytreatments

Individually tailored to your needs. Detox, anti age or anti-cellulite.

90 min. € 95,-

Seaweed treatment

The nutrient-rich seaweed ideally nourishes your skin.

With peeling and massage.

90 min. € 92,-

Sea salt full body massage

With nourishing oils and mineral-containing salt from the atlantic.

60 min. € 65,-

Full body regenerating care

Sea salt peeling combined with a Aloe-Vera care compress.

60 min. € 61,-

Back massages

Back & neck "Intensive"

Our most popular back treatment - stress-solving from hips to head.

60 min. € 63,-

Back massage with hot oils

30 min. € 39,-

Back massage "Hot-Stone"

30 min. € 39,-

Classic back massage

30 min. € 35,-

Full body massages

Avocado-oil full body massage

For dry skin, cell regenerating.

60 min. € 67,-

Honey full body massage

With antioxidants, rich in vitamins and anti-inflammatory.

60 min. € 67,-

Aloe Vera full body massage

With regenerating Aloe Vera from Fuerteventura, ideal after a sunbath.

60 min. € 65,-

Aroma full body massage

With rich oils and relaxing fragrance.

60 min. € 65,-

Sport full body massage

Loosening, reactivation and vitalisation.

60 min. € 65,-

Classic full body massage

60 min. € 62,-

Massage rituals

Full body care ritual "Deluxe"

Gentle back peeling, full body massage with rich oils and nourishing masks for face, hands and feet.

120 min. € 125,-

Oriental vitalizing massage

Holistic treatment with Shiatsu, classic massage and foot reflexology massage.

90 min. € 95,-

Face massage

Shiatsu or anti-stress.

30 min. € 34,-

"Hopi" anti stress massage

Full body massage with indian ear candle ritual, energetically emphasized.

90 min. € 95,-

Ear candle ritual "Hopi"

30 min. € 36,-

Tibetan Ayurveda massage

Gentle full body and head massage with nourishing warm oils.

90 min. € 98,-

"Hot Stone" massage

A extended combination of massage and warm lava stones from Gran Canaria.

90 min. € 95,-

*„Do your Body good,
so that your soul feels like
living in it.“*

– Seneca, roman philosopher –